

SAGEANDYLANG

biomesupport

HOW TO USE

FOR BRIGHTENING
AND REFINING

☀️ AM SKINCARE ROUTINE



Customise your Beauty Essence:

Tap and watch video on how to prepare your personalised Beauty Essence with Beauty Boosters



1. CLEANSE WITH GENTLE FACE CLEANSER (2 - 3 PUMPS)

- Wet face
- Apply 2-3 pumps of the cleanser onto your palm
- Lather and massage onto your skin
- Immediately rinse off with water thoroughly

2. BEAUTY ESSENCE (1 - 2 PUMPS)

- Massage into skin

3. SOOTHE AND PROTECT MOISTURISER (1 - 2 PUMPS)

- Massage into skin - suitable for eye area

4. SUNSCREEN (OTHER BRAND)

- Apply layer of preferred sunscreen for protection



biomesupport

HOW TO USE

FOR BRIGHTENING
AND REFINING

🌙 PM SKINCARE ROUTINE

1. CLEANSE WITH GENTLE FACE CLEANSER (2 - 3 PUMPS)

- Wet face
- Apply 2-3 pumps of the cleanser onto your palm
- Lather and massage onto your skin
- Immediately rinse off with water thoroughly

2. PREBIOTIC MASKS (BRIGHTENING) ($\frac{1}{2}$ - 1 TEASPOON) - USE 2-3 TIMES PER WEEK

- add mask into a small bowl
- add water slowly and mix the dry clay into a flowy paste
- apply onto skin (avoid eye area) using brush or fingers
- leave on skin for about 10 mins. Do not let it dry out completely
- once the mask is 70% dry, rinse off the mask

(optional: if exfoliation is needed - wet mask with water again and gently massage the mask on the skin before rinsing off)

- towel dry the skin

3. BEAUTY ESSENCE (1 - 2 PUMPS)

- Massage into skin

4. SOOTHE AND PROTECT MOISTURISER (1 - 2 PUMPS)

- Massage into skin - suitable for eye area

